



SHORT TERM DOCTORAL MOBILITY NOTICE HOW TO APPLY

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SELF-CERTIFICATION

Fill in the form available on the page https://www2.units.it/internationalia/it/erasmusplus-out/?file=dottorandi.html

LEARNING AGREEMENT

The Learning Agreement is necessary for the recognition of all activities carried out abroad and it is available on the page https://www2.units.it/internationalia/it/erasmusplus-out/?file=dottorandi.html

In this phase you have to use only the "Before the Mobility" section, which must be entirely filled out and signed by all parties involved. Please, do not modify the pre-filled data.

INTESTAZIONE:



Write your name, surname, and the academic year of your mobility

Trainee	Last name(s)	First name(s)	Date of birth	Nationality ¹	Sex [M/F]	Study cycle ²	Field of education ³
litamee							
Sending Institution	Name	Faculty/ Department	Erasmus code ⁴ (if applicable)	Address	Country	Contact person name ⁵ ; email; phone	
			I TRIESTE 01		ITALY		
Receiving Organisation /Enterprise	Name	Department	Address; website	Country	Size	Contact <u>person</u> ⁶ <u>name;</u> position; e-mail; phone	Mentor/Tutor ⁷ name; position; <u>e-mail:</u> phone
					☐ < 250 employees ☐ > 250 employees		
Operations office (site of the training)							

↑Fill in all the required fields with the data concerning:

- a) yourself;
- b) your Sending Institution (your "contact person" is your PhD supervisor);
- c) your Receiving Organisation (legal office and operations office, if applicable)





TABLE A:

Before the mobility					
Table A - Traineeship Programme at the Receiving Organisation/Enterprise					
Planned period of the mobility: from [month/year] to [month/year]					
Traineeship title: Number of working hours per week:					
Detailed programme of the traineeship:					
Knowledge, skills and competences to be acquired by the end of the traineeship (expected Learning Outcomes):					
Monitoring plans					
Evaluation plans					
The level of language competence ^a in [indicate here the main language of work], that the trainee already has or agrees to acquire by the start of the					
The level of language competence in <i>[Indicate here the main language of work, that</i> the trainee already has or agrees to acquire by the start of the mobility period is: A1 = A2 = B1 = B2 = C1 = C2 = Native specker =					

↑ Add the detailed programme of the traineeship, the activities to be carried out, the expected learning outcomes, the monitoring and evaluation plan.

TABLE B

Table B - Sending Institution							
Please use only one of the following three boxes:9							
1. \square The traineeship is embedded in the curriculum and upon satisfactory completion of the traineeship, the institution undertakes to:							
AwardECTS credits (or equivalent) ¹⁰ Give a grade based on: Traineeship certificate Final report Interview							
Record the traineeship in the trainee's Transcript of Records and Diploma Supplement (or equivalent).							
Record the traineeship in the trainee's Europass Mobility Document: Yes □ No ⊠							
2. ☑The traineeship is voluntary and, upon satisfactory completion of the traineeship, the institution undertakes to:							
Award ECTS credits (or equivalent): Yes □ No ⊠ If yes, please indicate the number of credits:							
Give a grade: Yes □ No □ If yes, please indicate if this will be based on: Traineeship certificate □ Final report □ Interview □							
Record the traineeship in the trainee's Transcript of Records: Yes □ No □							
Record the traineeship in the trainee's Diploma Supplement (or equivalent).							
Record the traineeship in the trainee's Europass Mobility Document: Yes □ No ⊠							
3. The traineeship is carried out by a recent graduate and, upon satisfactory completion of the traineeship, the institution undertakes to:							
Award ECTS <u>credits (</u> or equivalent): Yes □ No ⊠ If yes, please indicate the number of credits: /							
Record the traineeship in the trainee's Europass Mobility Document (highly recommended): Yes 🗆 No 🗆							

↑ PhD students have to fill in section number 2. Please note that no ECTS can be awarded.





TABLE C

Table C - Receiving Organisation/Enterprise						
The Receiving Organisation/Enterprise will provide financial support to the trainee for the traineeship: Yes 🗆 No 🗆 If yes, amount (EUR/month):						
The Receiving Organisation/Enterprise will provide a contribution in kind to the trainee for the traineeship: Yes No						
The Receiving Organisation/Enterprise will provide an accident insurance to the trainee The accident insurance covers:						
(if not provided by the Sending Institution): Yes □ No □	- accidents during travels made for work purposes: Yes D No D					
- accidents on the way to work and back from work: Yes						
The Receiving Organisation/Enterprise will provide a liability insurance to the trainee (if not provided by the Sending Institution):						
Yes □ No □						

↑To be filled in by the Receiving Organisation.

SIGNATURES

By signing this document, the trainee, the Sending Institution and the Receiving Organisation/Enterprise confirm that they approve the Learning Agreement and that they will comply with all the arrangements agreed by all parties. The trainee and Receiving Organisation/Enterprise will communicate to the Sending Institution any problem or changes regarding the traineeship period. The Sending Institution and the trainee should also commit to what is set out in the Erasmus+ grant agreement. The institution undertakes to respect all the principles of the Erasmus Charter for Higher Education relating to traineeships (or the principles agreed in the partnership agreement for institutions located in Partner Countries).							
Commitment	Name	Email	Position	Date	Signature		
Trainee			Trainee				
Responsible person ¹¹ at the Sending Institution (PhD Supervisor)							
Coordinator of the PhD program							
Supervisor ¹² at the Receiving Organisation							

↑ Sign the LA and collect the signatures of your supervisor and of your PhD program coordinator, as well as of the supervisor at the Receiving Organisation.

The **signature** and the **stamp** of the Receiving Organisation are necessary.

It is your responsibility to make sure the document is signed by all parties involved. $\label{eq:control}$

Documents that are only partially filled out or signed will not be accepted.





APPLICATION PROCEDURE

Before starting the Esse3 procedure, we recommend to check the accuracy of all mandatory attachments (see point 9).

- 1. Enter your private area on ESSE3 and LOG IN with your credentials.
- 2. Select "Bandi di Mobilità" from the menu "Mobilità Internazionale" (second to last option)
- 3. Select the appropriate Notice by clicking on the highlighted icon from the column "azioni":

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- 4. Click on the magnifying glass in the column "azioni"
- 5. Click on "compila il modulo" in the bottom right corner
- 6. Check if you meet the necessary requirements and click on the corresponding box
- 7. Select the duration of your internship from the drop-down menu (under the heading "pref")
- 8. Click on "Iscrivi" at the bottom of the page
- 9. Click on "inserisci allegato" at the bottom of the page and upload the mandatory attachments in PDF format:
 - a) SELF-CERTIFICATION
 - b) LEARNING AGREEMENT
- 10. Check if your data are correct and **confirm** your application by clicking on the **button** "Conferma iscrizione al bando e stampa definitiva".
- 11. You will see the following notice:



Click on the button "Conferma" to officially confirm your application.

12. WARNING: your application is valid only if step 11 is completed before the deadline. Click on the button "indietro" to exit the page and verify that you have completed the application correctly (a green dot should appear).

The application procedure is now complete and it cannot be modified.